

"What exactly did that clock strike?": Autocomprehension task and philosophical life

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Very often the philosopher practitioner *forget* to solve certain previous problems, like that of the autocomprehension, I mean, to dedicate part of his time –as an indispensable activity for practice– to begin a inner dialogue to empower an autocomprehension process. Many of us are busy in with methods and techniques but with this attitude we make difficult the reflection on our own life experiences, this is what I want to discuss today. Using a Chapter of my book *The Serene Woman* (2007) I will try to show how I found resources to accomplish this, and how I work philosophically with concepts as fiction, game, nothingness, humour, absurd and dialogue.

Key words: game, hermenutics, spiritual exercises, fiction, dialogue.

Authors: Nietzsche, Gadamer, Philo of Alexandria, Deleuze, Sartre
