

**A POETICAL APPROACH TO PHILOSOPHICAL COUNSELING: MARIA
ZAMBRANO AS PHILOSOPHICAL COUNSELLOR**

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Abstract

The present theory of Philosophical Practice and Philosophical Counseling has proposed Critical Thinking as one of his important basics. Counselors and practitioners propose their work as a way of thinking (to make and to assess arguments) in order to improve counselees live. They explain that if they help people to reason about problematic living issues, their lives will improve or at least their lives will be worthwhile. My point is that the idea of “rationality” is very small here.

This paper explains how the theory of PC and PP is based on this modern (and small) reason. This reason is not capable to *see* some living realities. Maria Zambrano, a spanish philosopher who lived in Italy (Rome, Piazza do Poppolo), will offer a wider image of the reason: the poetic reason. This rationality lets us to go beyond modern and argumentative rationality. Poetic reason will give us a new frame to understand our job as counsellors and practitioners, without refusing the benefits of modern rationality or Critical Thinking.

Keywords

Philosophical Practice, Philosophical Counseling, Poetic Reason, Critical Thinking, modern rationality, María Zambrano.

Section 1: Papers, essays and theoretical reflections